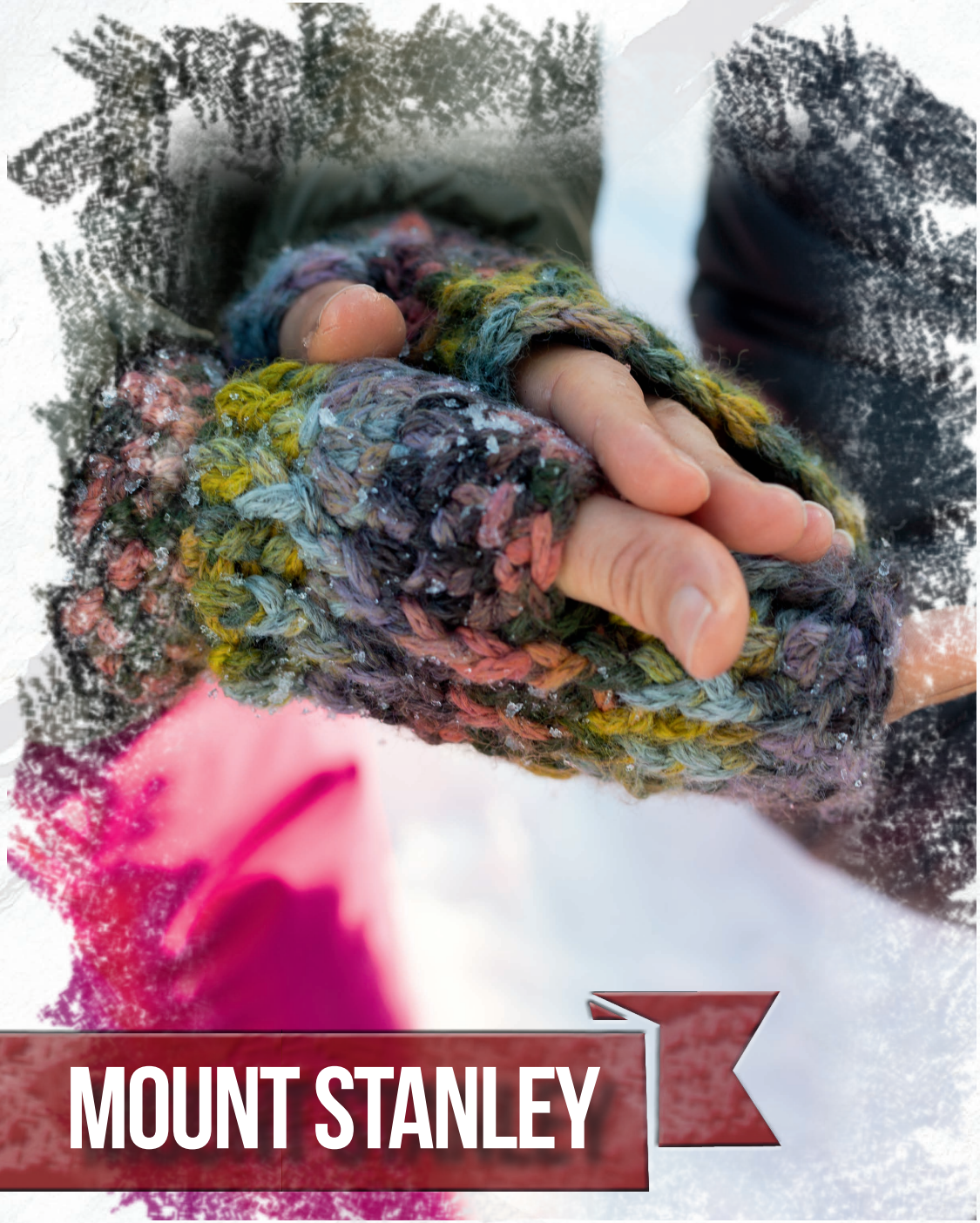


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Finished Measurements: Wrist warmers meas approx. 7¾" [20 cm] in circumference x 7¾" [20 cm] long.

If you'd like to make these wrist warmers, you will need the following materials:
2, 50 g (55 yd/50 m) balls **Schachenmayr Lova** (30% wool, 67% acrylic, 3% polyamide) color #00095 Camouflage
Size M/N/13 US [9 mm] crochet hook
Yarn needle

Gauge: 9 sts x 7 rnds = 4" x 4" [10 x 10 cm]

These are the crochet stitches you will need to make these wrist warmers:
Foundation Single Crochet Method: Ch 2. Insert hook in 2nd ch from hook, *pull up a loop [2 loops on hook]; yarn over hook and draw through first loop. Yarn over hook and draw through both loops. Insert hook under foundation chain just made and repeat from * throughout.
Crochet pattern: Work in rnds according to Chart. Chart shows Right Wrist Warmer. Rnd numbers are located at right edge of Chart. Beg rnds with chain 2 (count as 1 sc) or ch 3 (count as 1 dc). Join rnds with a sl st in first ch. Work Rnds 1–17 once.
Terminology
1 single crochet (sc) US = 1 double crochet (dc) UK.
1 double crochet (dc) US = 1 treble crochet (tr) UK.
Pattern uses US crochet terms.

Let's get started!
Here are the instructions:
Right Wrist Warmer
Using the Foundation Single Crochet Method, ch 18. Sl st to first st. Beg Rnd 1 of Crochet patt Chart. Work thumb gusset on Rnds 8–11 at arrow "a" as shown on Chart. Rnd 12: Skip the 5 gusset sts and work 1 dc in last sc. Work Rnds 13–17. Cut yarn and fasten off.

Left Wrist Warmer
Work same as for Right Wrist Warmer, reversing thumb gusset as follows: work the thumb gusset on Rnds 8–11 at arrow "b". Rnd 12: Work 1 dc in first sc of gusset, then skip the 5 gusset sts. Work Rnds 13–17. Cut yarn and fasten off.
With the yarn needle, weave in all ends on wrong side of work.

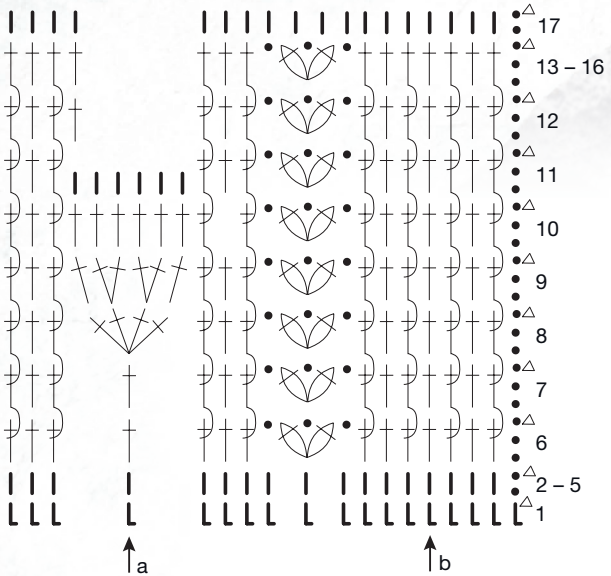
You've done it – your My Mountain Wrist Warmers are finished!

ABBREVIATIONS

approx	approximately
beg	begin(ning)
ch	chain
cont	continue
meas	measures
patt	pattern
pm	place marker
rep	repeat
rnd(s)	rounds
RS	right side
sl	slip
st(s)	stitch(es)

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Chart



Key

- = chain 1 (ch)
- = 1 slip stitch (sl st)
- = 1 single crochet (sc)
- = 1 foundation single crochet (fsc)
- = 1 double crochet (dc)
- = 1 front post double crochet (fpdc)
- = 2 (4) dc in same st
- = (dc2tog, ch 1, dc2tog) in same st

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